



Performer Pack

Divisions and Eligibility

Shine Bright! Student showcase will run the following divisions:

- Beginner – Beg2 - Int 3
- Advanced – Pre-Adv and above
- Groups – 2-4 people
- Junior Mini – 5-9 y/o
- Junior Intermediate – 10-13 y/o
- Junior Teen – 14–18 y/o

To be eligible to perform at Shine Bright! Student showcase you must be an enrolled student at G-Force Pole and Fitness and have NOT competed in a pole or aerial competition before.

Entries

Entries close 6th April 9pm

Pole Specifications

Height : approx. 3.5m high Pole type : 38mm Brass X-Pole

For all solo divisions the poles will be set to the national standard; Stage Right - Static and Stage Left - Spin. For the doubles division the competitors can choose one of the three following configurations

1. Both Spin
2. Standard - Stage Right - Static and Stage Left - Spin
3. Both Static

Music

The following **maximum** time limits apply for each division:

All solo Divisions	2 mins and 30 seconds
Groups	3 minutes and 30 seconds

Music can be shorter than the above mentioned time limits but no longer than 5 sec more.

Music choice can be submitted on entry, first in best dressed, there will be no doubling up of songs so be sure to submit your song choice early.

Music file must be submitted no later than 2 weeks prior to the showcase (20th April 2024).

Props

Props are permitted.

Human props are permitted but must not make physical contact with the apparatus before, during or after the performance. Human props are required to purchase a ticket.

The following items/substances are prohibited from being used as props: Liquids, glitter, powders, fire/pyrotechnics.

Costuming

Any type of footwear is allowed including bare feet, shoes, heels or boots. Performers are allowed to remove items of clothing during their performance however, no nudity or G-strings are permitted. Gloves and knee pads are allowed.

Criteria

Technique - 10	Performance - 10	Show - 10	Tricks - 15
This section refers to the execution of the tricks, lines and extensions.	This section refers to the overall performance quality of your routine and audience engagement.	This section refers to the theme, concept, musicality, costume,	This section refers to the difficulty of your tricks, the uniqueness of your tricks/combos and your transitions – both on and off the apparatus. Flexibility – 5 Strength – 5 Dynamic – 5